

Domestic abuse : Resources – Helplines – Organisations

Women's Aid

Provides services for women and children who have been affected by the experience of domestic violence, rape and sexual abuse.

0808 2000 247

www.womensaid.org.uk

Refuge

Refuge is the national charity which provides a wide range of specialist domestic violence services to women and children experiencing domestic violence.

0808 2000 247

www.refuge.org.uk

Rape Crisis

Rape Crisis Centres offer a range of services for women and girls who have been raped or experienced another form of sexual violence.

0808 802 9999

www.rapecrisis.org.uk

National Domestic Violence Helpline

The Freephone 24 Hour National Domestic Violence Helpline run in partnership between Women's Aid and Refuge

0808 2000 247

National Centre for Domestic Violence

The National Centre for Domestic Violence (NCDV) provides a free, fast emergency injunction service to survivors of domestic violence.

24 hour helpline: 0800 970 2070

www.ncdv.org.uk

NSPCC ChildLine

Free, confidential service for young people up to the age of 19. Get help and advice about a wide range of issues, talk to a counsellor online, send ChildLine an email or post on the message boards.

0800 1111

www.childline.org.uk

NSPCC Helpline

Free helpline service for anyone with concerns about a child's safety and wellbeing, even one in their own home. You can speak to a NSPCC counsellor 24 hours a day, 365 days a year. Advice and support is provided parents and carers and consultations with professionals are offered. We will listen to your concerns, offer advice and support and can take action on your behalf if a child is in danger.

0808 800 5000

www.nspcc.org.uk/what-you-can-do/report-abuse/

Galop

Galop gives advice and support to LGBT people who have experienced hate crime, sexual violence and domestic abuse.

LGBT domestic violence helpline: 0800 999 5428

London LGBT Casework Service: 0207 704 2040

www.galop.org.uk/

Respect

The Respect phone line is a confidential helpline offering advice, information and support to help you stop being violent and abusive to your partner.

0808 802 4040

www.respectphoneline.org.uk

www.respect.uk.net

Samaritans

A 24-hour helpline for any person in emotional distress

116 123

www.samaritans.org

SafeLives (formerly Co-ordinated Action against Domestic Abuse (CAADA))

SafeLives is a national charity supporting a strong multi-agency response to domestic abuse. It provides practical help to support professionals and organisations working with domestic abuse victims, with the aim of protecting the highest risk victims and their children – those at risk of murder or serious harm.

Unfortunately SafeLives does not provide direct support or advice to victims of domestic violence. However, if you are experiencing domestic abuse or are supporting someone who is in that situation, immediate help is available via the National Domestic Violence Helpline.

0117 403 3220

<http://www.safelives.org.uk/>